

Menus for May 2026



**GSD
Food Services
Department
(626) 307-3407**

SCHOOL LUNCH HERO DAY MAY 1ST



**SCHOOL
NUTRITION
EMPLOYEE
APPRECIATION
WEEK
MAY 4 - MAY 8**

Friday, May 1

National School Lunch

Hero Day!

Breakfast

Pizza Bagel
Milk and Fruit

Lunch

Chicken (Reg/Spicy) Sandwich
Crinkle Cut Fries
Milk and Fruit

Snack

Belly Bear Grahams
Low-Fat Milk

Garvey School District - K-8th Menus

This institution is an equal opportunity provider. Menus are subject to change.

Don't be fooled by the apron.

There are special folks on the staff at our school whose job is to help improve students' concentration and classroom participation, increase standardized test scores, and make sure our kids stay healthy and ready to learn. And, amazingly, these members of our educational team perform all of these impressive feats while wearing an apron!

Our child nutrition employees may not see the inside of a classroom very often, but they do make a daily contribution to your child's educational success.

It's really a very simple recipe: research shows that kids who eat well learn better. So the hard work that gets done in our school restaurants every day isn't just about preparing and serving meals to our kids. It's also about helping to make good education possible.

We're proud of the people who do all of that hard work, largely unseen by parents, students, and other staff members. Please join us in saying thanks to our dedicated employees during this year's School Nutrition Employee Week, May 4-8. And don't be fooled by the aprons – these folks help work miracles for our kids every day!

School Meals
We serve education every day™

Garvey School District - Food Services Department

Monday, May 4

Breakfast

Ham & Cheese Croissant
Sandwich
Milk and Fruit

Lunch

Bean & Cheese Burrito
or Beef Taco Stick
Yellow Corn
Milk and Fruit

Snack

Roasted Sunflower Kernels
Low-Fat Milk

Tuesday, May 5

Breakfast

Breakfast Burrito
Milk and Fruit

Lunch

Cheese Stuffed Sticks w/
Marinara Sauce Dunk Cups
Baby Carrots & Ranch
Milk and Fruit

Snack

Multigrain SunChips
Low-Fat Milk

Wednesday, May 6

Breakfast

Cinnamon Crumble
Or Manager's Choice
Milk and Fruit

Lunch

Galaxy Pizza Rounds
Mixed Green Salad w/ Ranch
Milk and Fruit

Snack

Vanilla Tiger Bites
Apple Juice

Thursday, May 7

Breakfast

Mini Apple Bites
Milk and Fruit

Lunch

Teriyaki Chicken &
Steamed Brown Rice
Broccoli Florets
Milk and Fruit

Snack

Scooby Doo Sticks
Low-Fat Milk

Friday, May 8

Breakfast

French Toast Sticks
Milk and Fruit

Lunch

Chicken Tenders
w/ Hawaiian Roll
Peas & Carrots
Milk and Fruit

Snack

Kebler Honey Graham Crackers
Low-Fat Milk

Monday, May 11

Breakfast

Blueberry or Banana Muffin
Milk and Fruit

Lunch

Cheeseburger Twin Buddies
Yellow Corn
Milk and Fruit

Snack

Strawberry Nutri-Grain Bar
Low-Fat Milk

Tuesday, May 12

Breakfast

Mini Pancakes
Or Manager's Choice
Milk and Fruit

Lunch

Ham and Cheese Bagel Sandwich
or Manager's Choice
Crinkle Cut Fries
Milk and Fruit

Snack

Oven Baked Lays
Low-Fat Milk

Wednesday, May 13

Breakfast

New Item: Breakfast Egg Roll
Milk and Fruit

Lunch

Domino's or Papa John's Pizza
Mixed Green Salad w/ Ranch
Milk and Fruit

Snack

Goldfish Pretzels
Apple Juice

Thursday, May 14

Breakfast

Belgian Waffle Sticks
Milk and Fruit

Lunch

Cheese Tortellini & Meat Sauce
Broccoli Florets
Milk and Fruit

Snack

Cinnamon Bug Bites
Low-Fat Milk

Friday, May 15

Breakfast

Ultimate Breakfast Round
Milk and Fruit

Lunch

Bean & Cheese Burrito Or Chalupa
Baby Carrots & Ranch
Milk and Fruit

Snack

Belly Bear Grahams
Low-Fat Milk

Monday, May 18

Breakfast
Pizza Bagel
Milk and Fruit

Lunch
Corn Dog or Hot Dog
Yellow Corn
Milk and Fruit

Snack
Roasted Sunflower Kernels
Low-Fat Milk

Tuesday, May 19

Breakfast
“GSD-baked” Cinnamon Rolls
Milk and Fruit

Lunch
RiBBQ on Hoagie
Tater Tots
Milk and Fruit

Snack
*New Item: Chocolate Chip
Chortles*
Low-Fat Milk

Wednesday, May 20

Breakfast
Pan Dulce Concha or
“Berry Overnight Oats”
Milk and Fruit

Lunch
Pepperoni or Cheese Calzone
Mixed Green Salad w/ Ranch
Milk & Fruit

Snack
Vanilla Tiger Bites
Low-Fat Milk

Thursday, May 21

Breakfast
French Toast Sticks
Milk and Fruit

Lunch
Teriyaki Beef Dippers &
Steamed Brown Rice
Broccoli Florets
Sample Item: Korean Beef Potstickers
Milk and Fruit

Snack
Scooby Doo Sticks
Low-Fat Milk

Friday, May 22

Breakfast
Pancakes & Sausage on a Stick
Milk and Fruit

Lunch
Popcorn Chicken & Biscuit
Or Manager’s Choice
Baby Carrots & Ranch
Milk and Fruit

Snack
Keebler Honey Graham Crackers
Apple Juice

Monday, May 25



MEMORIAL DAY
NO SCHOOL TODAY

Tuesday, May 26

Breakfast
Breakfast Sausage Sandwich
Milk and Fruit

Lunch
Quesadilla
Or Beef Taco Stick
Baby Carrots & Ranch
Milk and Fruit

Snack
Oven Baked Lays
Apple Juice

Wednesday, May 27

Breakfast
Apple Bites
Milk and Fruit

Lunch
Domino’s or Papa John’s Pizza
Mixed Green Salad w/ Ranch
Milk and Fruit
**** ONLY DEWEY = BBQ**

Snack
Goldfish Pretzels
Low-Fat Milk

Thursday, May 28

Breakfast
Breakfast Burrito
Milk and Fruit

Lunch
Orange Chicken &
Steamed Brown Rice
Broccoli Florets
Milk and Fruit
**** ONLY DUFF = BBQ**

Snack
Cinnamon Bug Bites
Low-Fat Milk

Friday, May 29

Breakfast
Ultimate Breakfast Bar
Milk and Fruit

Lunch
Ham & Cheese Croissant
Yellow Corn
Milk and Fruit
**** ONLY SANCHEZ &
TEMPLE INT. = BBQ**

Snack
Belly Bear Graham’s
Low-Fat Milk

Monday, June 1

Breakfast
Pancake Bites
Milk and Fruit

Lunch
Chicken “Drum-day” Monday
w/ Garlic Texas Toast
Yellow Corn
Milk and Fruit

Snack
Roasted Sunflower Kernels
Low-Fat Milk

**Word
of the
Month**
jus·tice
n. 1. fairness 2. equal
and impartial treatment
in accordance with
honor, standards, or law

**Asian American
Pacific Islander
Heritage
Month**



***** REMINDER TO ALL K-8th
PARENTS & STUDENTS *****

**A COMPLETE
Breakfast or Lunch Meal**
must be selected by the student to
be considered **FREE \$0.00!**

**Take at least
3
One must be a fruit**

**Take
3-5
One must be a fruit or
veggie**

BREAKFAST
A COMPLETE BREAKFAST INCLUDES:

LUNCH
A COMPLETE LUNCH INCLUDES:

**STUDENT A LA CARTE
Menu Item Prices for SY 25-26**
Main Entrée (Breakfast) = \$3.25
Main Entrée (Lunch) = \$5.00
Fruit or Vegetable = \$1.00
Milk or Juice = \$0.75
Snack - \$1.50

GSD Board Approval Date: 08/07/2025

NUTRITION TO GO

**OK, parents. Here’s your
homework for the summer: set a
good example for your kids during
their time off from school by modeling
good nutrition behavior for them.
Buy and eat more fresh fruits and
veggies, and cut back on your
own snacking on foods that
are high in fat, sodium,
and sugar.**

A QUICK BITE FOR PARENTS

